

# Car safety tips

To ensure your baby's safety in a car seat, consider the following guidelines:

- **Practice installation:** Before the trip home, practice fitting the car seat in your car.
- **Rear-facing position:** Always use a rear-facing car seat unless advised otherwise by a healthcare professional.
- **Avoid front seats:** Never place the car seat in the front if there is an active passenger airbag.
- **Second-hand seats:** Only use second-hand seats if you know their full history and check their expiry date.
- **Supervision:** Never leave your baby unattended in the car, not even for a few minutes and especially not in hot weather conditions. It is best to have an adult sit in the back with the baby or have someone else drive when possible.
- **Proper use:** Use the car seat only in the vehicle. It should not be used for sleeping or feeding outside the car.
- **Adjustable recline:** Follow manufacturer instructions to recline the seat as much as possible for comfort.
- **Avoid padded coats:** Do not dress your baby in padded coats while in the car seat, as this can affect the secure fit of the harness.