CEREBRAL PALSY: My Favorite Words



I might do things differently but I CAN do them. How I do it is not important. Please let me try!

FAMILY

They know me best and I trust them to do what's best for me. Listen to them. Talk to them. Hear them. Respect them.





Everyone needs to stay fit and healthy, including me. Help me find ways to keep fit.

FRIENDS

Having childhood friends is important. Please give me opportunities to make friends with my peers.





FUN

Childhood is about fun and play. This is how Hearn and grow. Please help me do the activities that I find the most fun.

FUTURE

I will grow up one day, so please find ways for me to develop independence and be included in my community.



Rosenbaum, P., & Gorter, J.W. (2012). The 'F-words' in childhood disability: I swear this is how we should think! Child: Care, Health and Development, 38(4), 457 – 463. DOI: 10.1111/j.1365-2214.2011.01338.x; CanChild's F-words Knowledge Hub: www.canchild.ca/f-words

