## **GET IMMEDIATE MEDICAL ATTENTION**



## **TAKE ACTION!**

If you have one or more of the following signs and symptoms, call your healthcare provider or go to the hospital straight away - no matter when it happens during your pregnancy.



**BLEEDING FROM THE VAGINA** 



**CONTRACTIONS** 



**VAGINAL LEAKAGE OR DISCHARGE** 



**GROWING LOWER BACK PAIN** 



**PELVIC PRESSURE** 



**DECREASING MOVEMENTS OF YOUR BABY** 



HARDENED TUMMY OR UTERUS